

## **General Bais Medrash Information**

### **Contact information:**

- Rabbi Avrohom Goldman (314-479-1508), Rabbi Shmuel Wasser (314) 456-6876, Rabbi Efraim Fromowitz (917-587-2425), Rabbi Eytan Mankowitz (314-221-7917) may be called on their cellphones. Please do not hesitate to call with any questions, concerns, or just to hear some nachas!
- Office Contact:
  - Phone: 636-778-1896
    - Extensions:
      - 102 Rabbi Avrohom Goldman (Rosh Yeshiva)
      - 103 Rabbi Shmuel Wasser
      - 110 Mrs. Ditzza Friedman (Business Office)
  - Email: [bm@missouritorah.org](mailto:bm@missouritorah.org)
  - Fax- 636-778-1899
  - Address: 1809 Clarkson Road Chesterfield, MO 63017

### **Dormitory Opening/ Closing**

- Our dormitory is open for the duration of the Yeshiva calendar. It is closed for 5 periods of time during the year: Sukkos, Chanukah, Mid-Winter, Pesach, and Summer Bein Hazmanim.

### **Shabbos Schedule**

- The Yeshiva maintains a 3-week rotation for Shabbos (approximately).
  - **In/In-** All meals must be eaten in the yeshiva. There are sedarim on Friday Night and Motzei Shabbos during the winter and on Shabbos afternoon during the summer. There is a shmuz at Shalosh Seudos.
  - **In/ Out-** The Friday night meal may be eaten out. Seder will be Shabbos afternoon before Mincha rather than on Friday night. In other ways, it is the same as an In/In Shabbos.
  - **Out Shabbos-** There is no seder on Friday, Shabbos, and Motzei Shabbos and the Talmidim are welcome to go away for Shabbos. With the exception of Chanukah Break and Mid-Winter Break, any Talmid wishing to stay in Yeshiva for an out Shabbos, will be fully provided for.
    - Several times a year, the Out- Shabbos is extended to include a Sunday as well. Please consult the calendar.

**The schedule of Shabbosim will be posted at the beginning of the zman.**

### **Travel to and from St. Louis**

- There is only one airport servicing the St. Louis area- Lambert International Airport.
- The airport is located approximately 25 minutes from the Yeshiva. Talmidim are expected to make their own arrangements for arriving to and from the airport. The approximate cost for a cab to the airport is about \$50.
- Chesterfield Car Service can be hired to pick up an arriving passenger. Their number is 314-209-0448.
- Alternatively, one can order an Uber/Lyft for their son.
- The Yeshiva's campus address is 1809 Clarkson Road, Chesterfield, MO. The dormitory is located on the campus at the same address.

### **Cars and Transportation**

- Talmidim are permitted to have their own cars. The Talmidim must comply with the guidelines and rules governing car use which will be communicated by the Hanhalla. Please note that the transport of any High School student requires specific permission from the High School Administration.

## Laundry

- The Yeshiva will have coin-operated laundry machines available for use.
- There is a dry-cleaning service which picks up from and drops off at the Yeshiva.

## Dormitory/ Packing suggestions

- Each Talmid is expected to provide their own linen.
- St. Louis has 4 distinct seasons. During the warmer months, temperatures range from 65-95 degrees and in the colder months, temperatures range from 20-50 degrees. The climate is like that of New York; however, there is less snow than New York.
- Talmidim are expected to dress as Bnei Torah, with full, button-down conservative dress shirts, dress slacks, and dress shoes (with backs). Hats and Jackets are required for davening.

## Exercise/ Recreation

- Exercise and recreational activity are encouraged, and appropriate clothing should be brought.
- The Yeshiva has an indoor gym and fitness center on campus.
- The area surrounding the Yeshiva is park-like and appropriate for jogging/ biking.
- Talmidim are welcome to bring musical instruments.
- Anyone wishing to subscribe to a “heimish” magazine or periodical (Ami, Mishpacha, Zman, Yated, Hamodia) may do so without prior consent from the Hanhalla. All other subscriptions must receive advance permission from the Hanhalla and are subject to review before being allowed in the dormitory.
- ***See additional enclosure for information regarding our general media policy***

## Personal Conduct

- The Yeshiva expects each Talmid to uphold the high standards of personal conduct of a true Ben Torah. This is important not only for personal growth, but also because our Talmidim serve as role models for our High School Students as well as to the community at large.
- In keeping with this, the Yeshiva policy **does not allow** ANY SMOKING, VAPING OR CONSUMPTION OF ALCOHOLIC BEVERAGES AT ANY TIME. Failure to comply with this policy will be taken very seriously.

## **Bais Medrash Media Policy**

### **Smartphone / Cellphone & Media Policy**

**Due to the significant spiritual, emotional, and social harm associated with smartphone use, the Yeshiva maintains the following policy:**

- **Smartphones are not permitted in the Yeshiva** — this includes blocked, filtered, SafeTelecom, and all previously approved or "kosher" smartphones.
- **Any smartphone brought to Yeshiva must be handed in to the Hanhala** for safekeeping. It will be returned during Bein Hazmanim after it is properly configured with approved filters.

### **Other Media Devices**

The following media devices are strictly not allowed in the Yeshiva:

- Laptops
- Tablets
- iPods
- DVD players
- Electronic readers (e.g., Kindle)
- Handheld gaming devices

**Being a talmid in the Yeshiva is a zechus and is contingent upon full adherence to the media policy.**

### **Books and Magazines**

- All books and magazines brought into the Yeshiva must be cleared in advance with the Hanhala.
- Magazine subscriptions must be sent to the Yeshiva's front office, where they will be reviewed prior to distribution.